

**Preschool
Unit Directions
September**

Center	Activity Title	Directions	Supplies
Art	Me Puppets	Use paper plates as faces and tongue depressors as holders. Provide yarn, crayons, markers, scissors, stapler, and glue.	Paper plates, tongue depressors (craft sticks), yarn, crayons, markers, glue, scissors, stapler.
	Family Portraits	Encourage students to draw family portraits.	Blank paper, crayons, pencils, markers, colored pencils.
	Body Tracing	Have students lie down on butcher paper and trace their bodies. Children then decorate the bodies to look like themselves.	Butcher paper, pencil, crayons, markers, glue, yarn, colored pencils.
	Self-Portrait	Encourage the students to draw portraits of themselves.	Blank paper, crayons, pencils, markers, colored pencils.
Math	Eye Color Graph	Make a graph to illustrate the different colored eyes of the students. Provide a mirror for the students to look into to see the color of their eyes.	Pre-made, blank eye-color graph crayons, small hand-held mirrors.
	Measure Bodies	Using the silhouettes of the students' bodies, have students use various materials to measure their height and width.	Body silhouettes (from art activity), cubes, yarn, paper clips, pencils, Discovery Sheet
	One-to-One	Invite children to put one button for each family member in a plastic bag. Send the bags home with a note to verify that the one-to-one correspondence is correct.	Buttons, plastic zip-top baggies (one per child), note for families.

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<p style="text-align: center;">Math (continued)</p>	<p style="text-align: center;">Washing Dishes</p>	<p>Provide plastic dishes for the children to wash, dry, and arrange on the table from smallest to largest.</p>	<p>Plastic dishes, dish soap, water, Water Table, dish towels.</p>
	<p style="text-align: center;">Silver Sort</p>	<p>Provide silverware for the children to arrange into trays.</p>	<p style="text-align: center;">Silverware, trays.</p>
	<p style="text-align: center;">Fragrance Graph</p>	<p>Spray different fragrances on 3 index cards. Let the children smell the cards and vote for their favorite. Graph the results.</p>	<p>Index cards, 3 fragrances, blank graph, colored pencils.</p>
	<p style="text-align: center;">Food Classification</p>	<p>Provide magazine pictures of foods and let the children classify them according to whether they like or dislike the food pictured OR according to categories (fruit, meat, vegetable, dairy).</p>	<p>Magazine pictures of foods, classification papers, glue.</p>
	<p style="text-align: center;">People Sort</p>	<p>Provide magazine pictures of people of different colors, shapes, and sizes. Invite the children to sort them into groups.</p>	<p>Magazine pictures of people, classification papers, glue.</p>
	<p style="text-align: center;">Measure Me</p>	<p>Have children stand against the wall, one at a time. Invite other students to measure them with rules or on the classroom growth chart. Record the children's height on chart.</p>	<p>Classroom growth chart, rulers, "Measure Me" paper</p>

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<p>Language</p>	<p>Self-Portraits</p>	<p>Using the children's self-portraits (see Art), encourage the children to dictate list of words to describe themselves.</p>	<p>Self-Portraits, pencils, "All About Me" paper</p>
	<p>Me Books</p>	<p>Encourage the children to make books about themselves. Help the children understand what is needed on each page of the book. Help them write words to complete each page.</p>	<p>Blank "All About Me" Booklets, colored pencils, crayons, pencils.</p>
	<p>What's Missing?</p>	<p>Display 5 familiar objects. Ask one child to remove one of the objects while the others close their eyes. Invite the children to open their eyes and identify which object is missing.</p>	<p>5 Familiar Objects (toys or stuffed animals from the room work well)</p>
	<p>Baby Pictures</p>	<p>Have children bring in a baby picture of themselves. Ask them to tell you the differences between the pictures.</p>	<p>Baby Pictures and letter to family</p>
<p>Dramatic Play</p>	<p>Me Puppets</p>	<p>Allow children to use their "Me Puppets" (see Art) to put on a puppet show.</p>	<p>"Me Puppets"</p>
	<p>When I Grow Up</p>	<p>Provide a trunk of clothes, shoes, hats, etc., for the children to dress in to pretend to be various professions when they grow up.</p>	<p>Various clothing, hats, shoes.</p>

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Fine Motor	Family Pictures	Provide scissors and magazines. Invite children to cut out pictures of families and family members helping each other.	Family-friendly magazines, scissors, glue, "Families Help Each Other" paper
	Textured Fingerprints	Mix fingerprint with sand or salt. Encourage children to feel the different textures of regular fingerprint vs. textured.	Fingerprint; sand or salt, containers to hold differently textured paints.
	Sand Drawing	Sprinkle salt or sand on a cookie sheet and encourage the children to draw in it with their fingers.	Salt or sand, cookie sheet.
	Scented Playdough	Make playdough using extracts and oils to create scented playdough. Substituting massage oil for vegetable oil in the recipe works well.	Playdough ingredients
Games	Family Puzzles	Make photocopies of the children's family portraits and self-portraits. Laminate and cut into puzzle pieces for the children to put together.	Self portraits and family portraits (see Art); laminator and supplies; scissors.
	Family Concentration	Invite the children to play family concentration.	"Family Concentration" puzzle/game sheet

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Blocks	Building Homes	Provide blocks in different shapes and sizes. Encourage the children to build houses and construct homes using the blocks.	Variety of wooden blocks
	Bell Ringers	Hang bells from the ceiling with yarn. Encourage children to toss beanbags to try to ring the bells.	Variety of bells, yarn, beanbags.
Writing	Family Names	Write names of family members (Mom, Dad, Brother, Sister, etc.) on index cards. Provide paper and pencils for children to copy names.	Index cards with family member names, pencils, paper.
Science	Sound Canisters	Make sound canisters by filling empty film canisters with things like bells, paper clips, sand. Make 2 of each sound and let the children match the sounds that are alike.	Empty film canisters, fillings (sand, bells, paper clips, buttons, small rocks, etc.)
	Water Sound Jars	Provide glasses or baby food jars with varying amounts of water inside. Encourage the children to tap the glasses with spoons to make different sounds.	Small glasses or baby food jars, water, spoons.
	Feely Box	Place objects with different textures in a bag or box with a hole in one end. Have the children reach in and describe the objects they touch.	Box or bag with small hole for child's hand, objects with different textures (small stuffed animal, sandpaper, Silly Putty, plastic block, etc.)

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Science (continued)	Magnified Pictures	Encourage the children to draw pictures while looking through a magnifying glass.	Paper, pencils, crayons, colored pencils, markers, small magnifying glasses.
	Thumbprints	Provide ink pads and paper. Let the children make thumbprints and examine them with magnifying glasses. Children can also create insects with their fingerprints.	Paper, ink pads, ink, small magnifying glasses.